

Central Connecticut State University
Carol A. Ammon College of Liberal Arts and Social Sciences

Degree: Bachelor of Arts
Program: International Studies with Specialization in Middle East Studies
Effective Term: Fall 2025

Name: _____
 ID#: _____

General Education: Ways of Understanding:

Arts & Humanities (9 credits)

Credits	Grade	
Literature	3	
	3	
	3	

Social & Behavioral Sciences (12 credits)

History	3	
IS 225	X	
	3	
	3	

Math & Natural Sciences (9-10 credits)

MATH or STAT course numbered 102 or higher	3	
Lab Science	3-4	
	3	

General Education: Essential Skills:

Written & Oral Communication (6 credits)

WRT 105 or 110	3	
	3	

World Language (0-6 credits) or Gen Ed Free Elective (3 credits)

World Language course numbered 112 or 118* or Gen Ed Free Elective	3	
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Thriving in College (2-3 credits)

CCSU 102, 103, or FYE course**	2-3	
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A maximum of 16 credits (4 courses) applied towards Ways of Understanding and Essential Skills requirements may be used to fulfill a major and/or minor requirement.

International & Equity, Justice, & Inclusion (EJI) Requirements:

International IS 225	X	
International	3	
Equity, Justice, & Inclusion***	3	

Coursework applied toward International & EJI requirements may be used in any other area of general education or program requirements.

Honors Program: HON courses can be used to fulfill certain general education requirements. Consult the Honors Program curriculum for details.

Residency Requirements: A minimum of 30 credits overall must be completed in residence, with at least 15 credits in the major (at least 12 of which must be at the 300 level or above) and 9 credits in a minor at Central. In residence means attending classes conducted on campus or under supervision of Central.

Major Requirements (39 credits)

Requires grade of C- or higher, unless otherwise specified.

	Credits	Grade
IS 225 The World as a Total System	3	
IS 400 Practicing International Studies	3	
IS 498 or IS 499	3	
Choose 2 classes from the following:		
IS 150 Intro to International Studies	3	
GEOG 120 World Regional Geography	3	
HIST 122 World Civilization II	3	
PS 104 The World's Political Systems	3	
Choose 1 class from the following:		
IS 300 Global Community Engagement	3	
IS 360 International Studies Through Travel	3-6	
IS 450 Internship in International Studies	3	
IS 490 Field Study Abroad	3-6	
Geographical Area (15 credits) – Choose from the following:		
GEOG 447, HIST 231, IS 465, PS 345, PS 370, PS 434, PS 439		
Transnational Themes – Choose 6 credits from one theme		
Communication and Diversity in the Global Context:		
ANTH 170, ANTH 200, ANTH 239, ANTH 240, ART 200, COMM 216, ENG 214, ENG 367, ENG 465, ENG 486, IS 470, JRN 370, LING 230, MUS 111, PHIL 350, PSY 420, REL 110, SPAN 441		
Energy, Resources, and Environment:		
COMM 451, GEOG 270, GEOG 433, GEOG 445, GEOG 473, GEOG 475, ESCI 131, GSCI 450, IS 470, PHIL 241, SUST 140		
Governance, Security, and Human Rights:		
GEOG 333, HIST 420, IS 470, PES 202, PES 345, PHIL 211, PHIL 344, PS 235, PS 338, PS 339, PS 345, PS 380, PS 445, PS 450, SOC 424		
Population, Mobility, and Development:		
ANTH 323, ANTH 352, ANTH 401, ECON 320, ECON 430, ECON 435, GEOG 220, GEOG 244, GEOG 439, IS 470, MKT 295, MKT 321, SOC 309, SOC 428		

Minor

A Minor is Required

Free Electives may be used, as needed, to reach the total credits required for the degree when all other degree requirements have been met.

Total Credits Required for Degree: 120

* Students with 3 years, or more, of one world language at the high school level, a passing score on a world language placement exam, or native proficiency in a language other than English will have the World Language requirement waived and can satisfy this requirement with any general education free elective course (3cr).
 ** Transfer students with 24 or more transfer credits at the time of admission can satisfy this requirement with any general education free elective (3cr).
 *** Waived for transfer students with 50 or more transfer credits at the time of admission.