

Central Connecticut State University
School of Education

Degree: Bachelor of Science

Program: Early Childhood Studies & Infant/Toddler Mental Health

Effective Term: Fall 2025

Name: _____

ID#: _____

General Education: Ways of Understanding:

Arts & Humanities (9 credits)

	Credits	Grade
Literature	3	
	3	
	3	

Social & Behavioral Sciences (12 credits)

History	3	
PSY 136	X	
EDEC 202	X	
EDEC 101	X	

Math & Natural Sciences (9-10 credits)

MATH or STAT course numbered 102 or higher	3	
Lab Science	3-4	
	3	

General Education: Essential Skills:

Written & Oral Communication (6 credits)

WRT 105 or 110 Intro to College Writing	3	
	3	

World Language (0-6 credits) or Gen Ed Free Elective (3 credits)

World Language course numbered 112 or 118* or Gen Ed Free Elective	3	
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Thriving in College (2-3 credits)

CCSU 102, 103, or FYE course**	2-3	
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A maximum of 16 credits(4 courses) applied towards Ways of Understanding and Essential Skills requirements may be used to fulfill a major and/or minor requirement.

International & Equity, Justice, & Inclusion (EJI)

Requirements:

International	3	
International	3	
Equity, Justice, & Inclusion***	3	

Coursework applied toward International & EJI requirements may be used in any other area of general education or program requirements.

Honors Program: HON courses can be used to fulfill certain general education requirements. Consult the Honors Program curriculum for details.

Residency Requirements: A minimum of 30 credits overall must be completed in residence, with at least 15 credits in the major (at least 12 of which must be at the 300 level or above) and 9 credits in a minor at Central. In residence means attending classes conducted on campus or under supervision of Central.

* Students with 3 years, or more, of one world language at the high school level, a passing score on a world language placement exam, or native proficiency in a language other than English will have the World Language requirement waived and can satisfy this requirement with any general education free elective course (3cr).

** Transfer students with 24 or more transfer credits at the time of admission can satisfy this requirement with any general education free elective (3cr).

*** Waived for transfer students with 50 or more transfer credits at the time of admission.

Major Requirements (65 credits)

Requires grade of C- or higher, unless otherwise specified.

	Credits	Grade
EDEC 101 Introduction to Early Childhood Studies	3	
EDEC 105 Arts, Aesthetics, & Play for Infant, Toddlers & Preschool Children	3	
EDEC 103 Health, Safety & Nutrition for Young Children	3	
EDT 101 Basic Instructional Design & Production	1	
EDEC 202 Child, Family, and Community I	3	
EDEC 207 Positive Relationships & Equity in Early Childhood	3	
SPED 301 Assessment, Instruction & Curriculum Adaptations for Early Childhood	3	
EDEC 200 Intro to Infant/Toddler Development and Infant Mental Health: Foundations for Home Visiting and Early Care and Education	3	
EDEC 206 Fieldwork in Early Childhood & Infant Toddler Mental Health (60 hrs field exp)	1	
SPED 321 Establishing Learning Environments for Young Children	3	
EDEC 300 Curriculum & Instruction for Diverse Learners: Infants, Toddlers & Preschool Children	3	
EDEC 304 Pre-Practicum in Early Childhood & Infant/Toddler Mental Health I (100 hrs field exp)	3	
LLA 309 Literacy & Literature for Infants, Toddlers & Preschool Children	3	
EDEC 204 Observing, Documenting, and Assessing to Support Infants, Toddlers, Preschool Children & Their Families	3	
LLA 201 Language & Literacy in Early Childhood	3	
EDEC 305 STEM for Infants, Toddlers & Preschool Children	3	
EDEC 308 Pre-Practicum in Early Childhood and Infant/Toddler Mental Health II (100 hrs field exp)	3	
EDEC 403 Practicum in Early Childhood & Infant/Toddler Mental Health I (200 hrs field exp)	6	
EDEC 404 Practicum in Early Childhood & Infant/Toddler Mental Health II (200 hrs field exp)	6	
EDEC 306 Design and Management of Infant/Toddler Preschool Programs	3	
EDEC 208 History & Foundations of Early Childhood Education	3	

Related Requirements (3 credits)

PSY 136 Life-Span Development	3	
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Coursework applied toward Related or Additional requirements may be used in any other area of general education or program requirements.

Free Electives may be used, as needed, to reach the total credits required for the degree when all other degree requirements have been met.

Total Credits Required for Degree: 120