College of Health and Rehabilitation Sciences

Physical Education (Certifiable for PK-12 Teaching)

Academic Map

Effective Year: 2025-2026

Semester 1	Cr.	Min Gr.	Milestone
BIO 111 Intro Biology or BMS 102 Intro BMS	3	C-	Note: SAT Math score or CCSU Math Placement Exam determines placement in Mathematics course.
PE 111 Intro to Physical Education	3	C-	
PE 273 Educational Games, Gymnastics and Dance	3	C-	Target cumulative GPA ≥ 2.70
CCSU 102 or CCSU 103	2	C-	Target Major GPA ≥ 3.0
Math 102 Applied Algebra	3	B-	
Total:	**14**		

Semester 2	Cr.	Min Gr.	Milestone
CHEM 161 General Chemistry	3	C-	Target cumulative GPA ≥ 2.70
EXS 207 Anatomy & Physiology in Exercise Science 1	3	C-	Target Major GPA ≥ 3.0
DAN 272 Creative Dance in Education	2	C-	
PSY 136 Life-Span Development	3	C-	
WRT 105 or WRT 110 Freshman Composition	3	C-	
BIO 113 or BMS 103 or EXS 211 or CHEM 162	1	C-	
Total:	**15**		

Semester 3	Cr.	Min Gr.	Milestone
EDTE 314 Applying Learning Theories in Diverse Settings: K-12 Program	3	C	Note: 15 hours of off-campus field experience required.
PE 374 Methods of Teaching Health Fitness	3	C-	Target cumulative GPA ≥ 2.70
PE 299 Psycho-Social Aspects of Physical Education	3	C-	Target Major GPA ≥ 3.0
PE 274 Lifetime Activities	3	C-	
STAT 104 or STAT 215	3	C-	
Total:	**15**		

Semester 4	Cr.	Min Gr.	Milestone
COMM 115 or COMM 140	3	C-	Note:15 hours of off-campus field experience required.
EXS 208 Anatomy & Physiology in Exercise Science II	3	C-	Submit application to the Professional Program by February 10th deadline.
PE 279 Skills & Strategies for Invasion Games	3	C-	
PE 305 Assessment in PE, Dance & Health Education	3	C-	Target cumulative GPA ≥ 2.70
PE 320 Motor Development	3	C-	Target Major GPA ≥ 3.0
EDF 215 Education in a Multicultural Society	3	C-	
Total:	**18**		

You cannot proceed further until you have been accepted into the Professional Program for Teacher Certification

Semester 5	Cr.	Min Gr.	Milestone
***EXS 407** Exercise Physiology & Applied Biomechanics	3	C	*Admission to the Professional Program required before taking this course.
***PE 405** Elementary Methods in Physical Education	3	C	
***PE 422** Motor Learning & Skill Acquisition	3	C	Attend New Teacher Candidate Orientation.
HIST 161 or HIST 162 American History	3	C-	Maintain cumulative GPA ≥ 2.70
PE 280 Skills & Strategies for Net & Wall Games	3	C-	Note:15 hours of off-campus field experience required.
General Education course (International)	3		
Total:	**18**		

Semester 6	Cr.	Min Gr.	Milestone
***PE 406** Adapted Physical Education	3	C	*Admission to the Professional Program required before taking this course.
***PE 417** Secondary Methods in Physical Education & Health Education	3	C	Apply for Graduation.
PE 281 Skills & Strategies for Sport, Dance, & Activities	3	C-	Take Praxis II test in Physical Education and Health.
General Education course (International)	3		Maintain cumulative GPA ≥ 2.70
General Education course	3		Note: 20 hours of off-campus field experience required.
Total:	**15**		

Semester 7	Cr.	Min Gr.	Milestone
***EDT 315** Educational Technology in the Secondary Classroom	1	C	*Admission to the Professional Program required before taking this course.
***PE 404** Methods of Teaching School Health Education	3	C	Apply for Student Teaching by September 15 deadline.
***PE 416** Program Development in Physical & Health Education	3	C	Maintain cumulative GPA ≥ 2.70
General Education course	3		Note: 15 hours of off-campus field experience required.
General Education course	3		
Total:	**13**		

Semester 8	Cr.	Min Gr.	Milestone
***EDSC 417** Student Teaching (Elementary PE)	6	C	*Admission to the Professional Program required before taking this course.
***EDSC 419** Student Teaching (Secondary PE)	6	C	
Total:	**12**		Maintain cumulative ≥ 2.70
			Note: No other courses may be scheduled during this semester.