

Athletic Training B.S.

Academic Map

Physical Education & Human Performance

Effective Year: 2019–2020

Semester 1	Cr.	Min Gr.	Milestone
EXS 109 Introduction to Human Performance	3	C-	Note: An SAT score or CCSU Placement Test determines placement in Mathematics and English courses
BIO 111 or BMS 111 or BMS 102	3	C-	
PSY 136 Life Span Development	3	C-	Note: EXS 109 has a lecture and a lab component
General Education Course	3		Target Cumulative GPA \geq 2.50
General Education Course	3		Target Major GPA \geq 2.70
Total: 15			

Semester 2	Cr.	Min Gr.	Milestone
PE 144 Fitness/Wellness Ventures	2		Note: EXS 112 has 10-30 hours of clinical observation
EXS 112 Foundations of Athletic Training	3	C-	Target Cumulative GPA \geq 2.50
EXS 207 Anatomy & Physiology in Exercise Science I	3	C-	Target Major GPA \geq 2.70
EXS 211 Anatomy & Physiology in Exercise Science lab I	1	C-	
CHEM 161 General Chemistry	3	C-	
General Education Course	3		
Total: 15			

Semester 3	Cr.	Min Gr.	Milestone
BMS 380 Emergency Medical Technician (EMT)	6	C-	Submit application to the Professional Program for Athletic Training in Taskstream by September 10
EXS 208 Anatomy and Physiology in Exercise Science II	3	C-	
EXS 212 Anatomy & Physiology in Exercise Science Lab II	1	C-	Target Cumulative GPA \geq 2.50
EXS 217 Care and Treatment of Athletic Injuries	3	C-	Target Major GPA \geq 2.70
PHYS 111 Introductory Physics I	3	C-	
Total: 16			

You will not be able to perform your pre-clinical rotation until you have been accepted to the Professional Program for Athletic Training

Semester 4	Cr.	Min Gr.	Milestone
*EXS 218 Clinical Exam/Diagnosis of Injuries/Illnesses lecture & lab	4	C	Maintain Major GPA \geq 2.70
EXS 216 Biomechanics	3	C-	Maintain Cumulative GPA \geq 2.50
EXS 275 Training for Sport Performance	3	C-	Must complete 200 hours of pre-clinical hours by end of the semester.
EXS 307 Human Nutrition	3	C-	Note: EXS 216 has a lecture and a lab component
STAT 104 Elementary Statistics or STAT 215 Statistics for Behavioral Sciences I	3	C-	
Total: 16			

Semester 5	Cr.	Min Gr.	Milestone
*EXS 240 Therapeutic Modalities lecture & lab	4	C	* Admission to the Professional Program required before taking this course
*EXS 315 Practicum in Athletic Training I	2	C	
*EXS 317 Therapeutic Exercise lecture & lab	4	C	Maintain Cumulative GPA \geq 2.50 and a Major GPA \geq 2.70
*EXS 408 Physiology of Sport and Exercise	3	C	Note: EXS 315 requires a minimum of 300 hours up to a maximum of 320 hours of clinical field experience
General Education Course	3		
Total:		16	Note: EXS 408 has a lecture and a lab component

Semester 6	Cr.	Min Gr.	Milestone
*EXS 316 Practicum in Athletic Training II	2	C	* Admission to the Professional Program required before taking this course
*EXS 409 Clinical Exercise Physiology	3	C	
*EXS 421 Pharmacology in Sports Medicine	3	C	Apply for Graduation
COMM 140 Public Speaking	3	C-	Maintain Cumulative GPA \geq 2.50 and a Major GPA \geq 2.70
EXS 332 Psychological Aspects of Exercise & Sport Management	3	C-	Note: EXS 316 requires a minimum of 300 hours up to a maximum of 320 hours of clinical field experience
General Education Course	3		
Total:		17	

Semester 7	Cr.	Min Gr.	Milestone
*EXS 319 Practicum in Athletic Training III	2	C	* Admission to the Professional Program required before taking this course
*EXS 411 Research Methods in Exercise Science	3	C	
General Education Course	3		Begin preparing for BOC exam
General Education Course	3		Maintain Cumulative GPA \geq 2.50 and a Major GPA \geq 2.70
General Education Course	3		Note: EXS 319 requires a minimum of 300 hours up to a maximum of 320 hours of clinical field experience
Total:		14	

Semester 8	Cr.	Min Gr.	Milestone
*EXS 413 Organizational and Administration of Athletic Training	3	C	* Admission to the Professional Program required before taking this course
*EXS 445 Internship in Athletic Training	6	C	Maintain Cumulative GPA \geq 2.50 and a Major GPA \geq 2.70
General Education Course	3		Note: EXS 445 requires a minimum of 300 hours up to a maximum of 360 hours of clinical field experience
Total:		12	Take BOC exam