Physical Education (Certifiable for PK-12 Teaching)

Academic Map

Physical Education & Human Performance

Effective Year: 2021-2022

Semester 1	Cr.	Min Gr.	Milestone
BIO 111 or BMS 102	3	C-	Note: An SAT score or CCSU Placement Test determines
PE 111 Orientation to Physical Education	2	C-	placement in Mathematics and English courses
PE 144 Fitness/Wellness Ventures	2		Target cumulative GPA ≥ 2.70
PSY 136 Life Span Development	3	C-	Target Major GPA ≥ 3.0
PE 273 or DAN 272	2	C-	raiget major of A = 0.0
General Education course	3]	

Total: 15

Semester 2	Cr.	Min Gr.	Milestone
CHEM 161 General Chemistry	3	C-	Target cumulative GPA ≥ 2.70
EDF 215 Education in a Multicultural Society	3	C-	Target Major GPA ≥ 3.0
EXS 207 Anatomy & Physiology in Exercise Science I	3	C-	,
STAT 104 or STAT 215	3	C-	
PE 273 or DAN 272	2	C-	
General Education course	3		

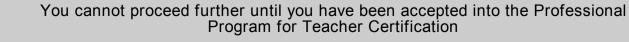
Total: 17

Semester 3	Cr.	Min Gr.	Milestone
EDTE 314 Applying Learning Theories in Diverse Settings: K-12 Program	3	С	Note: 15 hours of off-campus field experience required
PE 374 Methods of Teaching Health Fitness	3	C-	Target cumulative GPA ≥ 2.70 Target Major GPA ≥ 3.0
HIST 161 or HIST 162	3	C-	Target Major GFA 2 3.0
PE 274 Lifetime Activities 1	2	C-	
PE 299 Psycho-Social Aspects of Physical Education	3	С	
PHYS 111 Introductory Physics I	3	C-	

Total: 17

Semester 4	Cr.	Min Gr.	Milestone
COMM 115 or COMM 140	3	C-	Note:15 hours of off-campus field experience required
PE 276 Lifetime Activities 2	2	C-	Purchase a Taskstream account and submit application to
PE 279 Skills & Strategies for Invasion Games	2	C-	the Professional Program by February 10
PE 305 Assessment in Physical and Health Education	3	C-	Target cumulative GPA ≥ 2.70 and
PE 320 Motor Development	3	C-	
EXS 208 Anatomy & Physiology in Exercise Science II	3	C-	Target Major GPA ≥ 3.0

Total: 16





Semester 5	Cr.	Min Gr.	Milestone
*EXS 407 Exercise Physiology & Applied Biomechanics	3	С	*Admission to the Professional Program required before
*PE 405 Elementary Methods in Physical Education	3	C taking this course	
*PE 422 Motor Learning & Skill Acquisition	3	C Attend New Teacher Candidate Orientation in first co	
DAN Dance elective	2	C-	weeks of semester
PE 280 Skills & Strategies for Net & Wall Games		C-	Maintain cumulative GPA ≥ 2.70
General Education course (I)			Note:15 hours of off-campus field experience required
Total:	16	_	

Semester 6			
*PE 406 Adapted Physical Education			
*PE 417 Secondary Methods in Physical Education &	3		
Health			
PE 281 Skills & Strategies for Individual Sports/Activities	2		
General Education course	3		
General Education course (I)	3		

Total: 14

Min Gr.	Milestone
С	Apply for Graduation
С	Maintain cumulative GPA ≥ 2.70
0	Note: 20 hours of off-campus field experience required
C-	Take Praxis II test in Physical Education and Health

Semester 7	Cr.
*EDT 315 Educational Technology in the Secondary	
Classroom	
*PE 404 Methods of Teaching School Health Education	3
*PE 416 Program Development in Physical & Health	
Education	
General Education course	3
General Education course	3

Total: 13

Min Gr.

С

С

Min Gr.	Milestone
С	*Admission to the Professional Program required before taking this course
C C	Maintain cumulative GPA ≥ 2.70 Apply for Student Teaching by September 15 deadline
	Note: 20 hours of off-campus field experience required

Semester 8	Cr.
*EDSC 417 Student Teaching (Elementary PE)	6
*EDSC 419 Student Teaching (Secondary PE)	6

Total: 12

taking this course

Maintain cumulative ≥ 2.70

Milestone

Note: No other courses may be scheduled during this semester

*Admission to the Professional Program required before

Take Praxis II test in Physical Education and Health