

CENTRAL CONNECTICUT STATE UNIVERSITY
School of Education and Professional Studies

B.S. ATHLETIC TRAINING 120 Credits

Program Accredited by the Commission on the Accreditation of Athletic Training Education (CAATE)

Name: _____ ID#: _____ Matriculation Semester: _____ Date: _____

GENERAL EDUCATION (44 - 45 credits)	Crs.	Grd.
<i>Some General Education requirements may also fulfill Related Requirements</i>		

STUDY AREAS		
Study Area I Arts & Humanities (9 credits)		
ENG literature	3	
	3	
	3	

Study Area II Social Sciences (9 credits)		
HIST	3	
	3	
	3	

Study Area III Behavioral Sciences (6 credits)		
	3	
	3	

Study Area IV Natural Sciences (6 credits)		
	3 or 4	
	3	

SKILL AREAS		
Skill Area I Communication Skills (6 credits)		
ENG 105 and 105P or ENG 110 Freshman Composition	3	

Skill Area II Mathematics Requirement (6 credits)		
	3	
	3	

Skill Area III Foreign Language Proficiency Requirement (check one)		
- completion of a level-three high school foreign language		
- passed a standardized foreign language exam		
- completion of 112 or 114 foreign language course		
- successful completion of an upper level foreign language course		
- demonstration of native proficiency in a language other than English		

Skill Area IV University Requirement (2 or 3 credits)		
PE 144 required for students matriculating with fewer than 15 credits	2 or 3	

International Requirement	met	
International Requirement	met	
First Year Experience Requirement	met	

* Formal admission to the Athletic Training Program is required before taking this course; Grade of C or better required

ATHLETIC TRAINING MAJOR (74 credits)	Crs.	Grd.
LECTURE COURSES (59 credits)		

EXS 109 Introduction to Human Performance	3	
EXS 112 Foundations of Athletic Training	3	
EXS 207 Anatomy and Physiology in Exercise Science I and	3	
EXS 211 Anatomy and Physiology in Exercise Science I Lab	1	
EXS 208 Anatomy and Physiology in Exercise Science II and	3	
EXS 212 Anatomy and Physiology in Exercise Science II Lab	1	
EXS 216 Kinesiology	3	
EXS 217 Care and Treatment of Athletic Injuries	3	
*EXS 218 Clinical Exam/Diagnosis of Injuries/Illnesses & lab	4	
*EXS 240 Therapeutic Modalities & lab	4	
EXS 307 Human Nutrition	3	
*EXS 317 Therapeutic Exercise & lab	4	
EXS 332 Psychosocial Aspects of Exercise & Sport Medicine	3	
*EXS 408 Physiology of Sport and Exercise	3	
*EXS 409 Clinical Exercise Physiology	3	
*EXS 411 Research Methods in Exercise Science	3	
*EXS 413 Administration & Management in Athletic Training	3	
*EXS 421 Pharmacology in Sports Medicine	3	
BMS 380 Emergency Medical Technician (EMT)	6	

PRACTICUM COURSES (15 credits)		
EXS 275 Training for Sport Performance	3	
*EXS 315 Practicum in Athletic Training I	2	
*EXS 316 Practicum in Athletic Training II	2	
*EXS 319 Practicum in Athletic Training III	2	
*EXS 445 Internship in Athletic Training	6	

RELATED REQUIREMENTS (18 - 19 credits)		
<i>Some courses may also fulfill General Education requirements</i>		

Requires a C- or better		
PSY 136 Life Span Development (ST III)	3	
BIO 111 or BMS 111 or BMS 102 or BIO 121 (ST IV)	3 or 4	
CHEM 161 General Chemistry (ST IV)	3	
PHYS 111 Intro Physics (ST IV)	3	
COMM 140 Public Speaking (SK I)	3	
STAT 104 or STAT 200 or STAT 215 (SK II)	3	