






CENTRAL CONNECTICUT STATE UNIVERSITY

FOUR-YEAR ACADEMIC MAP



-  **Checkpoint:** The ideal time for completing a particular requirement (recommended).
-  **Warning:** This indicates that a milestone will soon be approaching (could delay graduation).
-  **Milestone:** A program or degree requirement that must be completed by this specific time in order to graduate in 4 years and/or continue in the major/program (required, cannot proceed)

Effective Term Fall 2013



Physical Education: Exercise Science and Health Promotion, BS

Semester 1	Cr.	Min. Gr.	Milestones
EXS 110	3	C-	 Target GPA > 2.5
EXS 113	3	C-	
BIO 111 or BMS 111 or BMS 102 or BIO 121	3	C-	 Target Major GPA > 2.7 (all EXS courses)
PE 144	2		
General Education Course	3		
FYE 101	1		
TOTAL		15	




An SAT score or CCSU Placement Test determines placement in Mathematics and English courses.

Semester 2	Cr.	Min. Gr.	Milestones
EXS 207	4	C-	 Target cumulative GPA > 2.5
EXS 280	3	C-	
CHEM 161	3	C-	 Target Major GPA > 2.7 (all EXS courses)
General Education Course	3		
General Education Course	3		
TOTAL		16	


Note: EXS 207 has a lecture and a lab component




Semester 3	Cr.	Min. Gr.	Milestones
EXS 208	4	C-	 Target cumulative GPA > 2.5
EXS 275	3	C-	
PHYS 111	3	C-	 Target Major GPA > 2.7 (all EXS courses)
General Education course	3		
General Education course	3		
TOTAL		16	


Note: EXS 208 has a lecture and a lab component



Semester 4	Cr.	Min. Gr.	Milestones
EXS 215	3	C-	 Cumulative GPA > 2.50
EXS 216	3	C-	
EXS 307	3	C-	 Major GPA > 2.70 (all EXS courses)
General Education course	3		
General Education course	3		 Submit completed application to the Professional Program by February 10.
TOTAL		15	

Note: EXS 216 has a lecture and a lab component

Semester 5	Cr.	Min. Gr.	Milestones
EXS 217	3	C-	 Maintain cumulative GPA > 2.50
EXS 311	3	C-	
*EXS 408	3	C	
CS 115	3		*Admission to the Professional Program required before taking this course.
General Education course	3		
General Education course	3		
TOTAL	18		

Semester 6	Cr.	Min. Gr.	Milestones
EXS 376	2	C-	 Maintain cumulative GPA > 2.50
*EXS 409	3	C	
*EXS 415	3	C	 Apply for Practicum
*EXS 416	3	C	
*EXS 421	3	C	 Apply for Graduation
General Education course	3		
TOTAL	17		*Admission to the Professional Program required before taking this course.

Semester 7	Cr.	Min. Gr.	Milestones
EXS 331	3	C-	 Maintain cumulative GPA > 2.50
*EXS 425	3	C	
*EXS 450	3	C	Apply for Internship
General Education course	3		Note: EXS 450 requires 10 hours/week
General Education course	3		
TOTAL	15		*Admission to the Professional Program required before taking this course.

Semester 8	Cr.	Min. Gr.	Milestones
*EXS 470	6	C	 Cumulative GPA > 2.50
elective if needed to get to 122 credits	3		
elective if needed to get to 122 credits	3		 Complete ACSM Health Fitness Specialist certification
			Note: EXS 470 requires 40 hours/week
TOTAL	6-12		*Admission to the Professional Program required before taking this course.

TOTAL 122

This academic map is not a contract, either expressed or implied, between the University and the student, but represents a flexible program of the current curriculum which may be altered from time to time to carry out the academic objectives of the University. The University reserves the right to change, delete or add to any Map at any time within the student's period of study at the University.